**SYLLABUS**

**FOR THE DEGREE**

**BACHELOR OF ARTS (HONS.)**

**IN**

**PSYCHOLOGY**

**DEPARTMENT OF PSYCHOLOGY**

**SCHOOL OF HUMANITIES**

**JECRC UNIVERSITY, JAIPUR**

**Semester –I**

**BPS001B- GENERAL PSYCHOLOGY (Core Course)**

**Syllabus:**

**UNIT-1** Introduction to psychology

**UNIT-2** Perception & attention

**UNIT-3** Learning & Thinking

**UNIT-4** Memory & forgetting

**UNIT-5** Emotions and Motivation

**BPS002B- BASIC SOCIAL PSYCHOLOGY (Core Course)**

**Syllabus:**

**UNIT-1** Introduction to Social Psychology

**UNIT- 2** Understanding self and evaluating the social world

**UNIT- 3** Social Interactions and Influence

**UNIT- 4** Group Dynamics

**UNIT – 5** Aggression & Pro-Social behavior

**BPS003B – YOUTH, GENDER & IDENTITY (Core Course)**

**Syllabus:**

**UNIT- 1** Self and Social Understanding

**UNIT- 2** Self-esteem & social Comparison

**UNIT- 3** Sex Differences and Gender Role

**UNIT- 4** Youth and Relationships

**UNIT- 5** Sexual Orientation & Identities:LGBTQIA+

**Semester –II**

**BPS004B – BIOPSYCHOLOGY (Core Course)**

**Syllabus:**

**UNIT -1** Introduction to Physiology

**UNIT -2** Nervous System & Brain Pathology.

**UNIT -3** Physiological Basis of Behavior

**UNIT -4** Physiology of Motivation & Emotions

**UNIT -5** Circadian Rhythms

**BPS005B – PSYCHOLOGICAL ASSESSMENT & STATISTICS (Core Course)**

**Syllabus:**

**UNIT- 1** Introduction to Psychological Assessment

**UNIT -2** Test construction

**UNIT- 3** Measure of Dispersion Range

**UNIT-4** Correlation

**UNIT - 5** Applications of Psychological testing

**BPS006B – CHILD DEVELOPMENT (Core Course)**

**Syllabus:**

**UNIT - 1** Introduction to Life Span Development

**UNIT - 2** Prenatal & Infancy Period

**UNIT - 3** Development in Childhood

**UNIT – 4** Adolescence &Young Adulthood

**UNIT –5** Areas of Development

**Semester –III**

**BPS007B – RESEARCH METHODOLOGY (Core Course)**

**Syllabus:**

**UNIT-1** Fundamentals of research methods in psychology

**UNIT-2** Populations and Samples in Research

**UNIT -3** Methods of Data Collection

**UNIT - 4** Experimental Research Design

**UNIT -5** Qualitative Research Methods

**BPS008B – PSYCHOLOGY OF INDIVIDUAL DIFFERENCES (Core Course)**

**Syllabus:**

**UNIT – 1** Intelligence

**UNIT – 2** Personality

**UNIT - 3** Know Thy Self

**UNIT – 4** Indian approach: Self and Identity from Indian Perspective

**UNIT - 5** Enhancing individual’s potential.

**BPS009B – APPLIED SOCIAL PSYCHOLOGY (Core Course)**

**Syllabus:**

**UNIT – 1** Background and Key Social Psychological Theories

**UNIT -2** Social psychology and health

**UNIT- 3** Social psychology and environment

**UNIT – 4** Social psychology and consumer behavior

**UNIT - 5** Understanding Yourself and Your Relationships

**BPS015B – ADVANCED POSITIVE PSYCHOLOGY (DSE)**

**Syllabus:**

**UNIT -1** Introduction to advanced Positive Psychology

**UNIT-2** Subjective well-being

**UNIT- 3** Strategies to enhance happiness

**UNIT- 4** Character strengths and virtues

**BPS016B – INDIAN PSYCHOLOGY & LOGIC (DSE)**

**Syllabus:**

**UNIT - 1** Introduction:

**UNIT - 2** Self Development

**UNIT - 3** Karma Theory

**UNIT - 4** Applications of Indian psychology in counseling, education and health

**BPS023B – PSYCHOLOGY OF PEACE** **(GE)**

**Syllabus:**

**UNIT-1** What Is Peace Psychology?

 **UNIT -2** Feminist Psychological Perspective

**UNIT -3** Resolving conflicts and making peace

**UNIT -4** Reducing trauma & encouraging reconciliation

**BPS024B – EMOTIONAL INTELLIGENCE (GE)**

**Syllabus:**

**UNIT - 1** Introduction: Emotional Intelligence

**UNIT - 2** Knowing one’s own and other’s emotions

**UNIT - 3** Managing Emotions

**UNIT - 4** Applications of Emotional Intelligence

**Semester –IV**

**BPS010B – PSYCHOPATHOLOGY (Core Course)**

**Syllabus:**

**UNIT – 1** Introduction: Criteria Of Abnormalit

**UNIT – 2** Schizophrenia spectrum and other psychotic disorders

**UNIT - 3** Depressive Disorders, Bipolar and related disorders

**UNIT – 4** Disorders and Sexual Variants

**UNIT – 5** Neurodevelopmental disorders

**BPS011B – COGNITIVE PSYCHOLOGY (Core Course)**

**Syllabus:**

**UNIT – 1** Introduction to Cognition

**UNIT – 2** Perceptual Processes

**UNIT – 3** Memory:

**UNIT – 4** Language Comprehension and Production

**UNIT – 5** Problem Solving, Reasoning and Decision Making

**BPS017B – EDUCATIONAL PSYCHOLOGY** **(DSE)**

**Syllabus:**

**UNIT - 1** Introduction:

**UNIT - 2** Learners who are Exceptional

**UNIT - 3** Motivation, Teaching, and Learning

**UNIT – 4** Managing the Classroom

**BPS018B – REHABILITATION PSYCHOLOGY (DSE)**

**Syllabus:**

**UNIT -1** Rehabilitation Psychology

**UNIT – 2** Understanding Psychological needs of caregivers

**UNIT – 3** Rehabilitation of persons

**UNIT – 4** Rehabilitation of HIV/AIDS & Rights of Person with Disabilities

**BPS025B – STRESS MANAGEMENT & RESILIENCE** **(GE)**

**Syllabus:**

**UNIT -1** Defining and assessing stress, dimensions of stress, types, stress & depression

**UNIT – 2** Sources of Stress: Environmental, Social, Physiological and Psychological

**UNIT -3** Stress and health: Stress responses, consequences of prolonged stress, stress and immune system.

**UNIT - 4** Resilience, Dimension of resilience, can resilience be enhanced, strategies.

**BPS026B – PSYCHOLOGY OF ADJUSTMENT (GE)**

**Syllabus:**

**UNIT -1** The adjustment process

**UNIT -2** Areas of adjustment

**UNIT -3** Factors affecting adjustment

**UNIT – 4** Psychosexual adjustment

**Semester –V**

**BPS012B – COUNSELLING PSYCHOLOGY (Core Course)**

**Syllabus:**

**UNIT - 1** Introduction: Counseling, & Guidance

**UNIT – 2** Therapeutic Processes

**UNIT - 3** Counseling Theories 1

**UNIT – 4** Counseling Theories 2

**UNIT – 5** Ethics and Multicultural issues

**BPS013B – ORGANISATIONAL PSYCHOLOGY (Core Course)**

**Syllabus:**

**UNIT – 1** Definition, goals, key forces

**UNIT - 2** Job analysis

**UNIT – 3** Motivation–Definition; Theories

**UNIT – 4** Attitudes, Job Satisfaction, Personality and Values

**UNIT – 5** Concept of stress, role of Personality in stress

**BPS019B – PERSONAL GROWTH & DEVELOPMENT** **(DSE)**

**Syllabus:**

**UNIT – 1** **Personal growth**

**UNIT – 2** Discovering facets of interpersonal trust

**UNIT - 3** **Attitudes, beliefs, Values and their impact on behavior**

**UNIT – 4** **Basic functions of mind**

**BPS020B – HEALTH PSYCHOLOGY** **(DSE)**

**Syllabus:**

**UNIT – 1** Introduction to Health Psychology

**UNIT – 2** Nature, Psychosocial factors and Management

**UNIT – 3** Interventions and Research in Health Psychology

**UNIT – 4** Health Care Intervention

**BPS027B - GENETICS, ENVIRONMENT AND BEHAVIOUR (GE)**

**Syllabus:**

**UNIT – 1** Nature versus nurture

**UNIT – 2** Methodologies for genetic association studies of cognition

**UNIT - 3** Genetic approaches to individual differences

**UNIT – 4** Genetics of neuropsychiatric diseases

**BPS028B – INTER GROUP RELATIONS (GE)**

**Syllabus:**

**UNIT- 1** Nature of intergroup relations

**UNIT- 2** Social categorization and conflict

**UNIT- 3** Cultural aspects of intergroup relations

**UNIT- 4** Resolving intergroup conflict

**Semester –VI**

**BPS014B – CLINICAL PSYCHOLOGY (Core Course)**

**Syllabus:**

**UNIT – 1** Foundation of Clinical Psychology

**UNIT – 2** Contemporary Issues

**UNIT – 3** Diagnoses and Assessment

**UNIT – 4** Psychotherapy

**UNIT – 5** Approaches to Psychotherapy

**BPS021B – PROFESSIONALISM IN PSYCHOLOGY (DSE)**

**Syllabus:**

**UNIT – 1** Ethics in psychology, domains of ethics

**UNIT - 2** Professional codes of conduct

**UNIT - 3** Ethical issues and their management in India

**UNIT - 4** Practicing skills for research

**BPS022B – PSYCHOLOGY OF MEDIA WORLD (DSE)**

**Syllabus:**

**UNIT - 1** Media and User

**UNIT – 2** Media and advertising

**UNIT – 3** Audio-Visual media (TV and movies) and Print media

**UNIT – 4** Interactive and emerging technologies

**BPS031B - DISSERTATION/PROJECT**

**Syllabus:**

**UNIT - 1** Abstract & Introduction

**UNIT - 2** Review of Literature

**UNIT - 3** Methodology

**UNIT - 4** Data Analysis & Discussion

**BPS029B - PSYCHOLOGY OF DISABILITY (GE)**

**Syllabus:**

**UNIT - 1** Conceptualizing Disability

**UNIT - 2** Theorizing Disability

**UNIT - 3** Making of a disabled Identity Documenting Disability

**UNIT - 4** Designing Interventions

**BPS030B – EFFECTIVE DECISION MAKING (GE)**

**Syllabus:**

**UNIT - 1** Introduction

**UNIT - 2** Decisions regarding Career

**UNIT - 3** Decision Making in Interpersonal Context

**UNIT - 4** Decision Making at the Workplace

**PSYCHOLOGY PRACTICALS COURSE**

**SEMESTER - I**

**BPS040B - GENERAL PSYCHOLOGY LAB**

**Syllabus: Psychometric tests/ Experiments/ Projects based on following**

**(Any 5)**

1. Perceptual illusions and constancies
2. Learning
3. Memory
4. Forgetting
5. Emotions
6. Motivation
7. Achievement
8. Aptitude
* **Survey based project**
* **Assignment**

**BPS041B - BASIC SOCIAL PSYCHOLOGY LAB**

**Syllabus: Psychometric tests/ Experiments/ Projects based on following**

**(Any 5)**

1. Analysis of Self
2. Social attitude
3. Interpersonal attraction
4. Aggression
5. Prosocial Behavior
6. Decision Making
7. Social Perception
8. Level of compliance
* **Character analysis**
* **Sociometry**

**SEMESTER – II**

**BPS042B - BIOPSYCHOLOGY LAB**

**Syllabus: Psychometric tests/ Experiments/ Projects based on following**

**(Any 5)**

1. Biofeedback
2. Arousal & Reaction Time
3. Neural basis of Emotions
4. Hormonal effects
5. Hunger/ thirst
6. Dreams
7. Insomnia
8. Sleep disorders
* **Case study**
* **Brain studies review**

**BPS043B - CHILD DEVELOPMENT LAB**

**Syllabus: Psychometric tests/ Experiments/ Projects based on following**

**(Any 5)**

1. Learning Styles
2. Student Problem Checklist
3. Attachment Styles
4. Free/Paired Association Learning
5. Creativity
6. ADHD
7. Learning Disability
8. Separation anxiety
* Project on problems of adolescence
* Analytical study of LD/other developmental issues
* Project on psychological issues of developmental period

**SEMESTER – III**

**BPS044B - INDIVIDUAL DIFFERENCES PSYCHOLOGY LAB**

**Syllabus: Psychometric tests/ Experiments/ Projects based on following**

**(Any 5)**

1. Personality
2. Intelligence
3. Self-identity
4. Indian self
5. Self-efficacy
6. Self-regulation
7. Self esteem
8. Self – enhancement
* **Project on aspects of Individual traits**
* **Review of researches**
* **Analytical review of a movie and individual characteristics**

**BPS045B - APPLIED SOCIAL PSYCHOLOGY LAB**

**Syllabus: Psychometric tests/ Experiments/ Projects based on following**

**(Any 5)**

1. Health belief
2. Pro-environment behavior
3. Consumer Socialization
4. Person perception
5. Pro-social behaviour
6. Social conformity
7. Cooperation and competition
8. Experiential deprivation
* Project on prevailing Social issue
* Psychological analysis of close relationships

**SEMESTER – IV**

**BPS046B - PSYCHOPATHOLOGY LAB**

**Syllabus: Psychometric tests/ Experiments/ Projects based on following**

**(Any 5)**

1. WAIS (Performance/ Verbal)
2. MMPI
3. TAT
4. Rorschach
5. Anxiety Scale/ Death Anxiety
6. Depression
7. Reaction to frustration
8. EPQ/ EPI
* **Project on any of the Disorders**
* **Case or research analysis on Sexual variants / gender dysphoria**
* **Analytical report on recent DSM version**

**BPS047B - COGNITIVE PSYCHOLOGY LAB**

**Syllabus: Psychometric tests/ Experiments/ Projects based on following**

**(Any 5)**

1. Cognitive control
2. Reasoning
3. Problem solving skills
4. Perceptual styles
5. Working memory
6. Change blindness
7. Mnemonics
8. Psycholinguistics
* **Comparative study of psycholinguistics and neurolinguistics**
* **Project on NLP or other advanced cognition expansion methods**
* **Psychological review on recent advancement in Cognitive Psychology**

**SEMESTER – V**

**BPS048B - COUNSELLING PSYCHOLOGY LAB**

**Syllabus: Psychometric tests/ Experiments/ Projects based on following**

**(Any 5)**

1. Study of grief
2. Suicidal tendencies
3. Marital relationship
4. Substance abuse
5. Adjustment
6. Counseling skills analysis
7. Identifying causes for therapies
8. Assessment of Interpersonal orientation of feelings / behavior
* **Use of SPSS**
* **Analytical Reports on Mock Counseling sessions**
* **Writing Case Profile for diagnosis purpose**
* **Counselee interview report**

**BPS049B - ORGANISATIONAL PSYCHOLOGY LAB**

**Syllabus: Psychometric tests/ Experiments/ Projects based on following**

**(Any 5)**

1. Quality of Work Test
2. Organizational Climate Inventory
3. Work Motivation Questionnaire
4. Job Value Questionnaire /FIRo – B
5. Work preference schedule
6. Motivational analysis test
7. Comprehensive interest schedule
8. Work motivation questionnaire
* **Johari Window**
* **In Basket Techniques**
* **Leaderless Group Discussion**

**SEMESTER – VI**

**BPS050B - CLINICAL PSYCHOLOGY LAB**

**Syllabus: Psychometric tests/ Experiments/ Projects based on following**

**(Any 5)**

1. PGI memory scale
2. Object sorting/classification test
3. Sentence completion test Object sorting/classification test
4. Sentence completion test
5. Mental Retardation
6. NEO-5 personality inventory
7. Temperament and character inventory
8. Rorschach psych diagnostics
9. Neuropsychological battery of tests (any standard version)
* **Report on Mock Psychotherapy sessions**
* **Project on recent Psychotherapies**