# PROGRAM STRUCTURE

<table>
<thead>
<tr>
<th>Code</th>
<th>Paper</th>
<th>L</th>
<th>T</th>
<th>P</th>
<th>C</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>I SEMESTER</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>H11017</td>
<td>Historical &amp; Theoretical Foundation of Psychology</td>
<td>4</td>
<td>1</td>
<td>0</td>
<td>5</td>
</tr>
<tr>
<td>H11018</td>
<td>Cognitive Processes-I</td>
<td>4</td>
<td>1</td>
<td>0</td>
<td>5</td>
</tr>
<tr>
<td>H11019</td>
<td>Research Methodology</td>
<td>4</td>
<td>1</td>
<td>0</td>
<td>5</td>
</tr>
<tr>
<td>H11020</td>
<td>Physiological Psychology</td>
<td>4</td>
<td>1</td>
<td>0</td>
<td>5</td>
</tr>
<tr>
<td>H11021</td>
<td>Psychology Experimental Lab</td>
<td>0</td>
<td>0</td>
<td>4</td>
<td>2</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td></td>
<td>22</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>II SEMESTER</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>H12017</td>
<td>Health Psychology</td>
<td>3</td>
<td>1</td>
<td>0</td>
<td>4</td>
</tr>
<tr>
<td>H12018</td>
<td>Cognitive Processes -II</td>
<td>3</td>
<td>1</td>
<td>0</td>
<td>4</td>
</tr>
<tr>
<td>H12019</td>
<td>Applications of Psychology</td>
<td>3</td>
<td>1</td>
<td>0</td>
<td>4</td>
</tr>
<tr>
<td>H12020</td>
<td>Statistics in Psychology</td>
<td>3</td>
<td>1</td>
<td>0</td>
<td>4</td>
</tr>
<tr>
<td>H12021</td>
<td>Applied Social Psychology</td>
<td>3</td>
<td>1</td>
<td>0</td>
<td>4</td>
</tr>
<tr>
<td>H12022</td>
<td>Psychology Testing Lab</td>
<td>0</td>
<td>0</td>
<td>4</td>
<td>2</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td></td>
<td>22</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>III SEMESTER</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>H13017</td>
<td>Psychological Assessment</td>
<td>3</td>
<td>1</td>
<td>0</td>
<td>4</td>
</tr>
<tr>
<td>H13021</td>
<td>Personality &amp; Behavioural Testing Lab-1</td>
<td>0</td>
<td>0</td>
<td>6</td>
<td>3</td>
</tr>
<tr>
<td>H14025</td>
<td>Dissertation (Topic to be decided at the end of II Semester and evaluation in III semester)</td>
<td>0</td>
<td>0</td>
<td>12</td>
<td>6</td>
</tr>
<tr>
<td>Program Elective Papers(1,2,3)</td>
<td>9</td>
<td>3</td>
<td>0</td>
<td>12</td>
<td></td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td></td>
<td>25</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Elective Papers</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Group A</strong> - Clinical Psychology</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>H13018-A</td>
<td>Foundations of Clinical Psychology</td>
<td>3</td>
<td>1</td>
<td>0</td>
<td>4</td>
</tr>
<tr>
<td>H13018-B</td>
<td>Clinical and Therapeutic Intervention</td>
<td>3</td>
<td>1</td>
<td>0</td>
<td>4</td>
</tr>
<tr>
<td>H13018-C</td>
<td>Developmental Disability and Psychopathology</td>
<td>3</td>
<td>1</td>
<td>0</td>
<td>4</td>
</tr>
<tr>
<td><strong>Group B</strong> - Counselling &amp; Vocational Psychology</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>H13019-A</td>
<td>Guidance and Counseling</td>
<td>3</td>
<td>1</td>
<td>0</td>
<td>4</td>
</tr>
<tr>
<td>H13019-B</td>
<td>Vocational Psychology</td>
<td>3</td>
<td>1</td>
<td>0</td>
<td>4</td>
</tr>
<tr>
<td>H13019-C</td>
<td>Counseling Skills</td>
<td>3</td>
<td>1</td>
<td>0</td>
<td>4</td>
</tr>
<tr>
<td><strong>Group C</strong> - Organization and Industrial Psychology</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>H13020-A</td>
<td>Psychology At Work</td>
<td>3</td>
<td>1</td>
<td>0</td>
<td>4</td>
</tr>
<tr>
<td>H13020-B</td>
<td>Consumer Psychology</td>
<td>3</td>
<td>1</td>
<td>0</td>
<td>4</td>
</tr>
<tr>
<td>H13020-C</td>
<td>Work Stress and Psychology</td>
<td>3</td>
<td>1</td>
<td>0</td>
<td>4</td>
</tr>
<tr>
<td><strong>SEMMESTER -IV</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>H14017</td>
<td>Community Psychology</td>
<td>3</td>
<td>1</td>
<td>0</td>
<td>4</td>
</tr>
<tr>
<td>H14018</td>
<td>Positive Psychology</td>
<td>3</td>
<td>1</td>
<td>0</td>
<td>4</td>
</tr>
<tr>
<td>H14019</td>
<td>Personality &amp; Behavioural Testing Lab-2</td>
<td>0</td>
<td>0</td>
<td>6</td>
<td>3</td>
</tr>
<tr>
<td>Internship 2 months</td>
<td>0</td>
<td>0</td>
<td>14</td>
<td>7</td>
<td></td>
</tr>
<tr>
<td>H14020</td>
<td>Open Elective Papers</td>
<td>2</td>
<td>1</td>
<td>0</td>
<td>3</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td></td>
<td>21</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Total Credits for all semesters</strong></td>
<td>90</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Detailed Syllabus of M.A. Psychology

Semester-I

Paper-I

H11017 Historical & Theoretical Foundation of Psychology  \{4 1 0 5\}


Functionalism: Basic concepts – view on human nature- merits- limitations

Behaviorism: Basic idea, principles of learning, applications, merits, limitations.

Gestalt Psychology: Key concepts, human perception and laws of perception applications, merits, limitations.


Humanistic perspective: Major contributions – Maslow’s Hierarchy of Needs – Carl Rogers view on Human personality – Applications.

Emerging trends in Psychology: Emerging new fields of Psychology, applications, merits & limitations.

Textbooks:

Reference Books:

H11018  Cognitive Processes-1  \{4 1 0 5\}


Attentional Processes: Selective Attention and its theories; divided attention and resource allocation; Biological basis.

Perceptual Processes: Bottom up and Top down Approaches; Pattern recognition; Picture perception.
**Metacognition**: Imagery and Cognitive Maps: Characteristics of images; Relation, Size Shape Part-Whole relationship and ambiguous figures; Cognitive Maps: Distance, Shape and Relative positions.

**Memory**: Models of memory: Structural and levels of processing models, Tulving’s Episodic & Semantic, Autobiographical and Procedural models; Semantic Memory: Nature, Methodology and structure. Feature comparison: Model and Network models; Sensory Memory: Iconic and Echoic memories - Measures and empirical features; Short-term memory; Long term memory: Determinants of Accuracy-Interference, Context and Encoding Specificity, Mood and Memory, Autobiographical Memory: Flash back memories, Memory for action, Eyewitness testimony, TOT phenomenon; Meta memory, Memory Improvement strategies.

**Imagery and Cognitive Maps**: Characteristics of images; Relation, Size Shape Part-Whole relationship and ambiguous figures; Cognitive Maps: Distance, Shape and Relative positions.

**Text Books**:

**Reference Books**:

**H11019 Research Methodology {4 1 0 5}**

**Scientific approach in Psychology**: Research Process; Research problem, Hypothesis, Construct and Variables (operationalization and Control).

**Research Design**: Meaning and purpose of research design, Criteria of research design. Types of research designs - **Randomized group Design** - Simple & Factorial Designs, **Correlated Groups Design** - Simple, Two-group and multi-group design. **Quasi-experimental Design**.

**Sampling**: Probability and non-probability techniques of sampling.

**Types of research**: Ex Post Facto Research, Experiments, Survey Research.

**Ethics & Research**: Ethical issues in psychological research – APA ethics code.

**Report Writing**: Research report writing based on APA style.

**Text Books**:
H11020  Physiological Psychology  {4 1 0 5}

**Nature of Physiological Psychology:** Meaning and approach; Major divisions of bio psychology; Relationship with other disciplines of neuroscience.

**Methods of Study:** Lesion; Brain Stimulation; Scanning methods CT, MRI, PET: Electrophysiological recordings – EMG, EEG, AEP

**Human Nervous system:** Structure and function of a general cell; structure and function of glia; Neurons Structure: Rest and Action potential; Conduction of impulse; Synaptic transmission: the process and its stages; Neurotransmitters.

**Central and Peripheral Nervous System:** Brain & Spinal Cord; Peripheral Somatic Nervous System – spinal and cranial nerves; Peripheral Autonomic Nervous System – Sympathetic and parasympathetic.

**Neuroendocrine system:** Hormones and behavior; endocrines; Hormonal basis of sexual development and sexual behavior.

**Physiology of Emotions:** Physiological correlates and their Measurement; Neural bases of emotions; Theories – James Lange; Canon Bard; Schachter and Singer.

**Biological bases of learning, Memory and Sleep and Waking:** Synaptic mechanism, biochemical bases; Cortical mechanisms of learning; Hippocampus and memory; Physiological mechanisms of sleep and waking; stages and types of sleep; Disorders of sleep.

**Text Books:**

**Reference Books:**

H11021 Psychology Experimental Lab {0 0 4 2}

1. Figural After Effect
2. Demonstration of size constancy
3. Cue dependent recall.
4. Retroactive inhibition
5. Poly graphic study – under varied emotional conditions.
6. Zeigarnick Effect

SEMESTER-II

H12017 Health Psychology {3 1 0 4}

Definition of Health Psychology: Mind-Body Relationship; Changing Patterns of Illness; Medical Acceptance; Health care services

Models of Health and Illness: Bio-Psycho-Social Model; Social and Cognition models.

Psychoneuroimmunology & Stress: Stress & Immune functioning; Disorders of the Immune System- Infectious Diseases (viral infections & disease); Co-factor theory; Behavioral factors and common cold; AIDS (Transmission of HIV-AIDS, AIDS & its consequences, intervention to reduce risk-behavior, coping with AIDS); Cancer-(Psychological factors in Cancer, course of cancer, adjusting to cancer)

Lifestyle Disorders: Alcoholism, Smoking, Obesity, CHD, Diabetes

Personality, Lifestyle and Health: Models and traits of Disease-Prone and Stress Resistant Personality. Exercise, nutrition and health.

Stress and Coping: Meaning and definition of Stress, Sources of stress; Types of stress-Academic, interpersonal, organizational, burnout syndrome, role conflict, multi-tasking stress, gender and stress. Meaning and approaches to coping. Eastern and Western systems.

Stress Management: Management of stress through self-awareness, Yoga, meditation, time management, Social support, Creativity, Alternative methods

The Future Prospects and Challenges of Health Psychology:

Textbooks:
H12018 

**Cognitive Processes-II** 

{3 1 0 4} 

**Language Comprehension:** Speech Perception, Constitute structure, Transformational grammar. Factors affecting Comprehension; Perceptual processes and theories of word recognition; Meta comprehension  

**Language Production:** Speaking: Selecting the context; Errors in Speaking: Gestures and context; Writing: Comparison between speaking and writing; cognitive tasks involved in writing; Bilingualism: Advantages and Disadvantages; Code switching and second language proficiency. 

**Problem Solving:** Classification of problems: Newell and Simon’s theory; Problem Solving approaches: Means and heuristics-and the analogy approach and other strategies; Class room problem solving.  

**Creativity:** Nature and measurement; Factors affecting creativity. 

**Logical Reasoning:** Types and errors in reasoning processes: deductive and inductive hypotheses testing and conditional reasoning; Theories of thought processes.  

**Decision Making:** Algorithms and heuristics representativeness, availability anchoring and adjustment; the framing effect and overconfidence in decisions. 

**Text Books:**  

**Reference Books**  

H12019 

**Applications of Psychology** 

{3 1 0 4} 

**Introduction:** The trends towards applications. Meeting Society's needs. Making Psychology relevant. 


**Psychology and education:** Role of psychologists in school system. Measurement and evaluation. Educational technology. Behaviour modification in the class room.
Psychology of counseling and career development: Types of counseling. Uses of psychological tests in counseling. Evaluating the effectiveness of counseling occupation as a way of life. Classifications of occupations, career decisions and development

Psychology in industrial settings and business: Role of industrial and organizational psychologists. Managerial efficiency & effectiveness, Organizational development. Engineering Psychology.

Environmental Psychology: Nature of environmental psychology. Effect of environmental conditions on behaviour. Crowding, Personal Space, problems and causes of environmental pollution.


Textbooks:

H12020 Statistics in Psychology {3 1 0 4}

Nature of Psychological Data and Psychological Measurement: Levels of measurement; Categorical and Continuous Variables; Applications of Statistics in Psychology.

Measurement of Central Tendency & Variability: Purpose and types of measures. Characteristics and computation of mean, median, mode, standard deviation & quartile.

The Normal Distribution: The meaning and importance of Normal Distribution: Properties of Normal probability distribution, Application of NPC, Divergence from Normality.

Correlation: Meaning and interpretation of coefficient of Correlation, Spearman Rank-order Correlation, Bi-serial, tetrochic partial correlation.

Significance of difference between means: Small & large groups, Dependent & Independent groups, correlated groups: Means, SD’s Correlation of coefficient & Interpretation of Values.

Analysis of Variance: One way Analysis of Variance & Two way Analysis of Variance: General uses and limitations of Analysis of Variance. Interpretation of F Value.


Multiple Correlation, Regression analysis and Factor Analysis: Application of Computers in Psychological Analysis: An overview

Text Books:

Reference Books:

H12021 Applied Social Psychology {3 1 0 4}


Perspectives and Theories in social psychology: Cognitive Perspective, Multicultural Perspective, Evolutionary Perspective; Cognitive Dissonance Theory, Attribution Theory, Balance Theory, Social Exchange Theory; Social Influence Processes;

Applying Social Psychology to Environmental & Health Issues
Applying Social Psychology Work Organisations:

Applying Social Psychology to Classroom behaviour

Social Psychology and current social issues: Gender Discrimination, Poverty and Deprivation, Corruption, Crime and Violence - Causes and Consequences.

Text Books:

H12022 Psychological Testing Lab {0 0 4 2}

1. Leadership Styles
2. Coping Styles Inventory
3. Effect of Knowledge of Results on performance.
4. Pro-social Behaviour.
5. Word Association Test.
6. Anger Assessment

Semester-III

Paper-I

Psychological Assessment

Introduction to Psychological Assessment: Origins & Purpose of assessment, types of tests, Bias & Fairness Ethical Issues in Psychological assessment, Emerging trends of online testing.

Principles of Psychological Test Construction: Item-analysis, Reliability, Validity, Norms.

Types of Psychological Tests: Group and Individual tests, Performance, Verbal & Non-verbal tests, Projective and self-report.


Assessment of Intelligence: Verbal and non-verbal tests of intelligence-Bhatia Battery, Wechsler's Adult Performance Intelligence Scale, Raven's Progressive Matrices (Coloured Progressive Matrices, Standard Progressive Matrices and Advanced Progressive Matrices), Binet Kamat Test, Wechsler's Intelligence Scale for Children – Revised); T

Assessment of Aptitude, Interest & Values: Aptitude tests, Achievement tests, interest inventories, Spiritual and religious concepts, values in life.

Neuropsychological & Developmental Scales: Neuropsychological battery, learning and Memory scales, developmental scales.

Educational and occupational testing: Tests used in educational and industrial settings.

Social and Ethical Considerations in psychological testing: APA guidelines, other considerations.

Text Books:


Reference Books:


ELECTIVE PAPERS
Group –A Clinical Psychology

H13018-A  Foundation of Clinical Psychology  {3 1 0 4}

**Foundations of Clinical Psychology:** Definition, characteristics and development of Clinical Psychology as a profession. Clinical Psychology and other related fields.

**Models of Clinical Psychology:** Psychoanalytical, Interpersonal, Humanistic, Behavioural Cognitive and Biological models.

**Classification & Diagnosis in Clinical Psychology:** DSM and ICD systems.

**Clinical Assessment:** Nature & Purpose of Clinical Assessment, General issues in clinical assessment.

**Methods of Clinical Assessment:** Clinical interview, Case history, Psychological Assessment (intellectual and personality) Behavioural Assessment.


**Section-C**

**Specializations in Clinical Psychology:** Clinical Neuropsychology, Clinical health psychology, Forensic Psychology and Community Psychology.

**Future of Clinical Psychology:** Current & Future Professional Issues, Professional regulations and ethics, Professional training in clinical psychology.

**Text Books:**


**Reference Books:**


H13018-B  Clinical and Therapeutic Intervention  {3 1 0 4}

**Psychotherapy:** Psychotherapy: Meaning, Nature & Scope- Variables affecting Psychotherapy, Specific Variables: Client Variable, Therapist Variable, Process variables, Social & Environmental Variable. Non-Specific Variables: Spontaneous cure, Placebo Effect; Currents and Future Trends of Psychotherapy

**Varieties of Psychotherapy:** Supportive therapy; Re-educative Therapy; Re-constructive therapy; Counselling vs. Psychotherapy.
Psychodynamic therapies: Fundamental Tenets, techniques of therapy based on Freudian Psychology, Ego psychology, Object relations & Self psychology.

Adlerian & Analytical Psychotherapies: Fundamental Tenets, techniques of therapy based on Alfred Adler & Carl Jung approach to therapy.

Behaviour therapy & Cognitive Behaviour Therapy: Fundamental Tenets, techniques of therapy based on Classical and Operant conditioning techniques; Bandura’s Observational learning; Assertive Training; Albert Elis-RET; Beck’s CBT.

Humanistic & Existential Therapy: Fundamental Tenets, techniques of therapy based on humanistic and existential theories; Carl Roger’s Client Centered therapy, Victor Frankl, Fretz Perls,

Positive Psychotherapy and Indigenous Therapy: Fundamental Tenets, techniques of therapy based on principles of positive psychology; Yoga and Meditation.

Text Books:


Reference Book:


H13018-C Developmental Disability & Psychopathology

Introduction: Definition of disability, impairment, handicap. Disability across cultures. Disability in India, including the disability Act

Sensory Disabilities: Deafness-Issues specific to deafness - organismic and contextual; Blindness and visual impairments, organismic and contextual issues;

Motor Disability: Motor impairments, Issues - organismic and contextual.

Intellectual Disabilities: Mental Retardation & Slow Learners- Definition and categorization of mental retardation, causes, educational and vocational training of slow learners.

Learning Disorders: Reading, writing and arithmetic disorders.

Developmental Psychopathology: Meaning types and classification.

Internalizing and Externalizing Disorders: Anxiety disorders; Childhood Depression, obsessive-compulsive behavior; Conduct disorders; attentions’ deficit hyperactivity disorders.

Pervasive developmental disorders: Autism, Asperger’s Syndrome,

Intervention related issues: Present status, risk factors and prevention.

Text Books:
Reference Books:

Group-B  Counselling &Vocational Psychology

H13019-A  Guidance and Counseling  {3 1 0 4}

**Introduction:** Meaning and definition; aims and importance of guidance, basic principles of guidance, group guidance. Psychological bases of guidance.

**Organization of guidance services:** Follow up services in guidance, evaluation of guidance services.

**Guidance services in Schools:** Importance, scope and problems, educational and vocational guidance. Organization of guidance services in schools.

**Techniques of collecting information:** Information for individual for guidance and counseling. Sources of occupational information.

**Characteristics of a Counsellor & Counsee:** Personal and professional characteristics, Values and ethical principles of counselors. Role of Empathy, Self-disclosure, Self-monitoring in counselling.

**Counselling Techniques:** Approaches and techniques of counseling, expectancy and goals of counseling; Counselling content, process and behavioral counseling.

**Text Books:**
Reference Books:

H-13019-B  Vocational Psychology  {3 1 0 4}

**Introduction to Vocational Psychology:** Definition, subject-matter and history of vocational psychology.
**Psychoanalytic concept of career choice:** Personality and career
**Social system and career choice.** Choice satisfaction and performance of work roles; Career decision making process.
**Vocational choice:** Definition, measures and individual differences in vocational choice. Correlates of vocational choice
**Problems in vocational choice:** System of defining vocational problem; Indecision in vocational choices, unrealism in vocational choice.
**Women and Career development.**
**Vocational Theories:** Ginzberg’s theory and its limitations; Super’s theory Holland’s vocational choice theory. Roe’s theory; Contextual Explanation theory of career.
**Vocational development:** Staffer’s ten propositions on search of a theory. Work and work adjustment.
**Professional Issues in Vocational Psychology.**

Text Books:

Reference Books
1. Hopson, B & Hayes J.: The Theory and Practice of Vocational Guidance

H13019-C  Counselling Skills  {3 1 0 4}

**Counselling –The Art and Science of Helping:** Meaning & definition of counselling & helping; Areas of counselling and helping, difference between Counselling & other associated helping professions. Training of a counselor.
Role and Functions of the Counsellor: Counselor and counselee relationship, Generic roles, organizing roles & functions.

Communication Skills of a Counsellor: Listening Skills, defining listening, attending and showing receptiveness, sources of interference, Other Counselling Skills: Reflection, paraphrasing, summarizing, and asking questions.

Structuring and Conduction of a counselling session: Phases of Counseling; Preparing for a session, starting a session, middle phase of session, ending a session, follow-up. Skills for closure and termination, Skills for dealing with resistance.

Counselling Models for Managing Problems: Carkhuff’s Model; Carl Roger’s Model; Nelson-Jones (The five stage model); Gerard Egan’s Model of Counseling.

Applications of Counselling in different settings: Family, School, Industry & Organisations, Rehabilitation Centers, Crisis Intervention, Natural Disasters and Calamities.

Text books:

Reference Books:
3. Sage Publication

Group-C - Industrial Organizational Psychology

H-13020-A Psychology at Work Place {3 1 0 4}

Introduction to Industrial & Organizational Psychology: Meaning, scope and historical development of I/O psychology: world-war I and the testing movement, Hawthorne studies, world war II and Engineering psychology. Challenges for I/O psychology, problems for I/O psychologists,

Research methods of I/O psychology: Experimental, Naturalistic observation, surveys and opinion polls; ethical practices in research at workplace.

Working conditions: Physical working conditions: worksites, child care facilities, office and workplace design, landscape offices, illumination, notice color music. Work Schedules: Shift work: working hours, the four day workweek, rest pauses, flexible work schedules.

Performance Appraisal: Why and what of performance appraisal; techniques of performance appraisal methods: objective methods: output measures, computerized performance monitoring, job related personal data. Judgmental Performance Methods: Written narratives, merit rating techniques, management by objectives (MBO); 360-
Degree feedback, Bias in performance appraisal: Halo effect, sources of error; How to improve performance appraisals: effective steps.

**Motivation and Work:** Theories of motivation, Job satisfaction, Job involvement.

**Human Engineering:** Importance, development and problems of human engineering; human factors and automation: computers in the office, robotics man - Machine system; techniques for reducing human error.

**Accidents and safety in work place:** Meaning & causes of accidents, accidents proneness, reduction and prevention of accidents through training modules of safety awareness: safety auditing, safety programs, occupational safety and health act (OSHA).

**Text Books:**


**H-13020-B Consumer Psychology {3 1 0 4}**

**Introduction to Consumer Psychology:** Meaning of Consumer psychology, Scope of Consumer psychology, Development of Consumer psychology, Utility of Consumer psychology, Consumer Decision process.

**Consumer Motivation:** Nature of consumer motivation, motivation and buying, social class and consumer behavior; kinds of buying motives.

**Methods of Consumer Psychology:** Questionnaire Method, Product Testing, Motivation Research Methods & Multi Media.

**Advertising:** Meaning of Advertisement, Importance of suggestion in Advertisement, Importance of Motivation in Advertisement, Importance of Attention and Memories in Advertisement.

**Consumer Behavior and Learning process:** Meaning of learning, Main principles of Learning process, Role of Drives and Role of Reinforcement, Effects of Learning process & Individual V/S Family

**Brand-selling:** Meaning of Selling, Scope of Selling, Importance of Selling, Is art of Selling a Profession?

**Reference Books:**


Sources of Work Stress: Job specific stress, Organizational Role stress, Professional Burnout, organizational structure, career development, Work-life balance, Work-family Conflict.

Stress related to different job conditions: Work overload, work under load, work ambiguity, burnout, Techno stress, interpersonal stress, work-rest rhythm, night shifts, changing work conditions, Workplace violence, Psychophysiological effects of work stress.

Personality and Coping styles: Personality type- A, B, C and stress; NEO Personality and stress, Humor, sensation seeking, social support, interpersonal trust, sense of responsibility; Emotion focused and problem focused coping. Emotional Intelligence at work.

Job Design and Well-being: The seven models of healthy work conditions and prevention of job stress.

Preventive Measures: Primary, Secondary and Tertiary prevention. Psychological and Physiological Approaches to managing stress at work.

Positive Organizational Behaviour in Work place: Meaning and theoretical foundations of POB; Components of POB. Healthy Organisations.

Positive Traits and states in Work place: Eustress, Positive emotions, PsyCap and work, Thriving, forgiveness, self-engagement and ethical leadership at work.

Text Books:

Reference Books:
Common

1. 16 PF
2. TAT

Group A  (Clinical Psychology)

1. MMPI
2. Beck’s Depression Inventory
3. Seguin Board Form
4. Developmental Scales
5. Millions Clinical Multi Axil Inventory III
6. Test for developmental disability (Any one)
7. Mental Health Battery

Group B- (Counselling and Vocational Psychology)

1. DAT
2. Holland SDS
3. Parent child relationship
4. Interest Inventory
5. Motivation Inventory
6. Level of Aspiration
7. Student Stress Inventory

Group C- Industrial /Organizational Psychology

1. Job Satisfaction
2. Job involvement
3. Organizational Role Stress
4. Role Efficacy Scale
5. MBTI
6. Performance Appraisal
7. Emotional Intelligence

H14025  Dissertation  {0 0 12 6}

Semester-IV

H14017  Community Psychology  {3 1 0 4}

Community Psychology: Evolution and Orientation. Principles of community psychology.
The Third Mental Health Revolution (History), Principles an
Methods of Community Intervention: Crisis intervention, Consultation, Non-
professional in community psychology, Mental health education.

Theory and Research in Community Psychology: Ecological Approach, Epidemiological Approach, Qualitative and Quantitative methods.
Important Concerns in Community Psychology: Models, Methods and Goals of Community Intervention—Key Areas: Urbanization, Unemployment, Malnutrition/Poverty and Their Eradication, Drug Addiction, Alcoholism and their Rehabilitation, Psychosocial Rehabilitation, HIV/AIDS Awareness, Women empowerment.

Community Development and Social Action in Community Psychology: Science, Ethics, and the Future of Community Psychology:

Text Books:

H14018 Positive Psychology

Introduction: Nature of Positive Psychology, Assumptions and Goals.
Happiness: Definition, Determinants, Measurement, Correlates of Happiness.
Positive Traits: Virtues and Strengths of Character, Implications and Controversies.
Positive health and Positive change: Meaning, criteria of positive health, Stages of change processes and implication.
Psychological Capital (PsyCap): The theoretical background and meaning of PsyCap: The Components of PsyCap. Measurement of PsyCap

Text Books:

H14019 Personality and Behavioural Testing Lab- 2

Common Practicals
1. PF Study
2. WAIS
3. FIRO-B
4. VIA Inventory

Group A (Clinical Psychology)
1. Rorschach Inkblot
2. Millions Clinical Multi-axil Inventory-III
3. Personality Adjective Checklist
4. Mooney’s Problem Checklist
5. Taylor-Johnson Temperament Analysis (T-JTA)
6. Psychological Well-being Scale (Carol Ryff)

**Group B (Counselling and Vocational Psychology)**

1. Career Assessment Inventory
2. Bhatia Battery Performance test of Intelligence
3. Stress Scale for Adolescent (Prerna, Tejender & Mehta)
4. Scientific Aptitude Test for College Students (A. K. P. Sinha and L. N. K Sinha.)
5. Job Values
6. Need Achievement

**Group –C (Organizational & Industrial Psychology)**

1. Occupational Stress Index
2. Ergonomic Stress Index
3. Employee’s Mental Health Inventory
4. Organizational Commitment Scale
5. Performance Appraisal
6. Humor Effectiveness in Advertising

**Internship** {0 0 14 7}

**H14020** Open Elective {2 1 0 3}